



1ST WPS SWIMMING TOURNAMENT ANDS - RIO MAIOR CITY



Regulations approved by the FPN on 17/10/2024



1ST ANDS WPS SWIMMING TOURNAMENT - RIO MAIOR CITY

1 – LOCATION

RIO MAIOR Municipal Swimming Pool (50 meters – covered pool), with electronic timing.

2 – DATE: 03 May 2025

3 – SCHEDULE:

1 ST SESSION – 09:30AM		2 ND SESSION – 3:30PM	
WARM-UP: 08AM -09:20 AM		WARM-UP: 02PM-3:20 PM	
	200m Individual Medley Women – SM5 – 17, SM21		200m Medley Men – SM5 – 17, SM21
	150m Individual Medley Men – SM1 - 4		150m Medley Women – SM1 - 4
	100m Backstroke Women – S1-2, S6 – 17, S21		100m Backstroke Men – S1-2, S6 – 17, S21
	100m Breaststroke Men – SB4 – SB9, SB11-17, SB21		100m Breaststroke Women – SB4 – SB9, SB11-17, SB21
	100m Butterfly Women – S8 – 17, S21		100m Butterfly Men – S8 – 17, S21
	100m Freestyle Men – All Sport Classes		100m Freestyle Women – All Sport Classes
	50m Freestyle Women – All Sport Classes		50m Freestyle Men – All Sport Classes
	50m Backstroke Men – S1 – 5, S14 – 17, S21		50m Backstroke Women – S1 – 5, S14 – 17, S21
	50m Breaststroke Women – SB1 – 3, S14 – 17, S21		50m Breaststroke Men – SB1 – 3, S14 – 17, S21
	50m Butterfly Men – S2 – 7, S14 – 17, S21		50m Butterfly Women – S2 – 7, S14 – 17, S21
	4x100m Freestyle 34 points, S14, S15, S16, S17 & S21		4x100m Medley 34 points, S14, S15, S16, S17 & S21

4 – ELIGIBILITY TO PARTICIPATE

Each swimmer can only be entered in 4 individual events plus relays, and is allowed to swim a maximum of 2 individual events per session.

Details of the relay teams - one per club, sport category and gender - must be sent when registering.

5 - ENTRIES

- ✓ Clubs will have to send a **pre-registration** indicating their presence and probable number of athletes, by email and send it to ANDS by **19/04/2025** (this facilitates the logistical organization of the Competition).
- ✓ **Entry Deadline: 25/04/2025 (12PM)**
Entries must be sent to the ANDS administrative services by e-mail to ands@ands.pt, by 12PM on

25/04/2025. in the relevant invitation file available at www.ands.pt.

- ✓ **Registration fees** will be paid to ANDS to the following IBAN: **PT50 0033 0000 5003 6910 0020 5**
- ✓ **Fees:** Individual Events: **4€** Relay Events: **7€**

6 - COMPETITION FORMAT - SEEDING

Swimmers will be grouped by series according to their entry times, regardless of the sport class to which they belong. If there is more than one swimmer or relay with the same entry time, lane allocation will be carried out randomly through the Event management software.

7 - RANKING WORLD PARA SWIMMING

Only the results of athletes with a World Para Swimming licence will be recognized by this body for the purposes of rankings and records.

8 - RANKINGS AND AWARDS

Individual events medals will be awarded to all participants in this tournament.

The first three teams will also be awarded an absolute collective classification and trophies, with the following scores for each event:

1st place: N+1

2nd place: N-1 and following, where N is the number of clubs.

Relays do not count towards this classification.